

# GVSD Child Nutrition Services

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values  
Pre-School Lunch

Feb 1, 2012

	Portion Size	Carb (g)
Wed - 02/01/2012		
Pre-School Lunch	Total	
Burrito BC W/G Ardella's	1 ea	48.0
CARROTS,RAW,BABY	2 oz	4.67
PEACHES: canned,light syrup	3/8 CUP	13.7
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		82.37
% of Calories		64.5%

Thu - 02/02/2012		
Pre-School Lunch	Total	
Chick Fing Krunchy Tyson #3858	4 EA	9.6
Parmesan Quinoa	3/8 cup	12.9
KETCHUP	1 each	2.0
MIXED VEGETABLES:frozen,boiled	3/8 CUP	8.93
PEARS,FRESH	1/2 EACH	12.83
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		62.27
% of Calories		47.6%

Fri - 02/03/2012		
Pre-School Lunch	Total	
Turkey & Gravy Jennie-O	5 oz	2.64
Mashed Potatoes	1/2 cup	14.6
GREEN BEANS: frozen,boiled	1/2 CUP	4.35
Roll W/W 1.43oz Sara Lee	1 ea	20.0
TANGERINES,FRESH	1 EACH	11.21
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		68.80
% of Calories		53.1%

Mon - 02/06/2012		
Pre-School Lunch	Total	
Cheddar Pocket BV#51120	1 ea	38.0
BROCCOLI: frozen, boiled	1/4 CUP	2.46
APPLES FRESH SLCD	2 oz	8.65
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		65.11
% of Calories		51.4%

Tue - 02/07/2012		
Pre-School Lunch	Total	
Dinosaurs in Tom Chse Sauce	7 oz	32.37
GREEN BEANS: frozen,boiled	3/8 CUP	3.27
BANANAS	1 EACH	23.07
Roll W/W 1.43oz Sara Lee	1 ea	20.0
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		94.71
% of Calories		74.2%

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Pre-School Lunch

Feb 1, 2012

	Portion Size	Carb (g)
Wed - 02/08/2012		
Pre-School Lunch	Total	
Chicken Nuggets Hny BBQ GK	6 ea	10.8
Rice Brn/Blk Bns BBQ CK	1/2 cup	22.02
MIXED VEGETABLES:frozen,boiled	1/4 CUP	5.96
Fruit, Tropical Mix CA Blend F	3 oz	10.51
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		65.28
% of Calories		50.1%

Thu - 02/09/2012		
Pre-School Lunch	Total	
Eggsstravaganza Bacon Chese Su	2 oz	1.0
Potato Rounds Oven Ht USDA	1/4 cup	8.0
Fr Toast Stks Tropical Blast	2 ea	19.17
APPLESAUCE,CND,UNSWTND,WO/ VIT	1/4 cup	6.87
KIWI FRUIT, FRSH,RAW	1/2 cup	12.5
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		63.54
% of Calories		47.2%

Fri - 02/10/2012		
Pre-School Lunch	Total	
Pita Gordita WW 6.5" LTapatia	1 ea	24.0
Pork Cuban Style CStand 98465	2 oz	0.0
Cheese Ched/Mozz Grated	1/4 OZ	0.14
LETTUCE,ICEBERG,FRESH	1/8 CUP	0.2
TOMATOES,FRESH CHOPPED	1/8 CUP	0.88
Refried Beans Veg Seaside	1/4 cup	13.5
MANDARIN ORANGE,RAW	1 ea	11.74
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		66.46
% of Calories		49.0%

Mon - 02/13/2012		
Pre-School Lunch	Total	
Tery Bf Dippers Don Lee Farms	5 EA	13.0
MIXED VEGETABLES:frozen,boiled	3/8 CUP	8.93
Roll W/W 1oz Shannon's	1 EACH	16.0
KIWI FRUIT, FRSH,RAW	1/2 cup	12.5
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		66.43
% of Calories		51.2%

Tue - 02/14/2012		
Pre-School Lunch	Total	
Rotini Pasta w/meat sauce RS	6 oz	27.75
GREEN BEANS: frozen,boiled	3/8 CUP	3.27
PEACHES: canned,light syrup	3/8 CUP	13.7
Cereal Bar Mountain Farm 1.3 o	1/2 each	13.5
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		74.21
% of Calories		57.1%

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	Portion Size	Carb (g)
Wed - 02/15/2012		
Pre-School Lunch	Total	
Fish, Rainbow Treasures	3 ea	12.75
Corn, Festive	3/8 cup	9.8
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	18.07
Roll W/W 1oz Shannon's	1 EACH	16.0
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		72.62
% of Calories		56.5%

Thu - 02/16/2012		
Pre-School Lunch	Total	
Chix Mandarin Orange Ling's	4 oz	14.51
BROCCOLI: frozen, boiled	1/4 CUP	2.46
CARROTS:frozen, boiled	1/4 CUP	2.82
RICE,BROWN,MEDIUM-GRAIN,CKD	3/4 cup	29.15
ORANGES	1 EACH	11.28
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		76.23
% of Calories		59.1%

Fri - 02/17/2012		
Pre-School Lunch	Total	
HOLIDAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%

Mon - 02/20/2012		
Pre-School Lunch	Total	
HOLIDAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%

Tue - 02/21/2012		
Pre-School Lunch	Total	
Burrito, Chick, Rice & Chse MC	1 ea	43.16
CARROTS:frozen, boiled	3/8 CUP	4.23
APPLES FRESH SLCD	2 oz	8.65
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		72.04
% of Calories		57.1%

Wed - 02/22/2012		
Pre-School Lunch	Total	
Egg Roll ChickVeg WW 5oz Simpl	1 ea	26.0
RICE, Brown FC No oil	1/4 CUP	9.85
MIXED VEGETABLES:frozen,boiled	1/4 CUP	5.96
MANDARIN ORANGE,RAW	1 ea	11.74
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		69.55
% of Calories		51.3%

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	Portion Size	Carb (g)
Thu - 02/23/2012		
Pre-School Lunch	Total	
Pork Rib DISC Strip Shpd	4 ea	8.52
BBQ Beans Veg USDA/SYSCO BBQ	3/8 cup	19.13
FRUIT COCKTAIL:canned,lt syrup	3/8 CUP	13.55
Roll Aloha 1oz	1 ea	15.0
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		72.20
% of Calories		52.4%

Fri - 02/24/2012		
Pre-School Lunch	Total	
Macaroni & Chse RF LandOLakes	4.5 oz	24.0
BROCCOLI: frozen, boiled	1/4 CUP	2.46
BANANAS	1 EACH	23.07
Roll W/W 1.43oz Sara Lee	1 ea	20.0
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		85.53
% of Calories		61.1%

Mon - 02/27/2012		
Pre-School Lunch	Total	
Flame Broiled Lower Fat Mesqui	1 each	2.12
Bun Hamb 3.5" Shannon's	1 ea	25.5
LETTUCE,ICEBERG,FRESH	1/4 CUP	0.41
Pickles Dill, 2 slices 14g	slices	0.27
MUSTARD	1 each	0.0
KETCHUP	1 each	2.0
Potato Smiles McCain #OIF03456	2 ea	9.5
APPLES FRESH SLCD	2 oz	8.65
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		64.45
% of Calories		48.5%

Tue - 02/28/2012		
Pre-School Lunch	Total	
Max Snax Cheesiest Con Queso	3 ea	25.0
Refried Beans Veg Seaside	1/4 cup	13.5
CHEESE,CHEDDAR,AMERICAN	1/4 OZ	0.09
CARROTS,RAW,BABY	1 oz	2.34
Jicama (Yam Bean) Fresh	1/2 oz	1.25
Pears, Rosy	1/2 cup	17.31
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		75.49
% of Calories		57.1%

Wed - 02/29/2012		
Pre-School Lunch	Total	
Pizza Lunch Bagel Chse Tony Ro	1 ea	39.34
Lettuce, IceRomSpin	1 oz	0.89
Ranch Dressing Fth Frms Mix	1/4 OZ	0.48
MANDARIN ORANGE,RAW	1 ea	11.74
Milk 1% 8oz Crystal	1 cup	16.0
Weighted Daily Average		68.45
% of Calories		49.1%

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	Portion Size	Carb (g)
Weighted Average		71.88 54.5%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Carbohydrate (g)	71.88	54.55%					

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